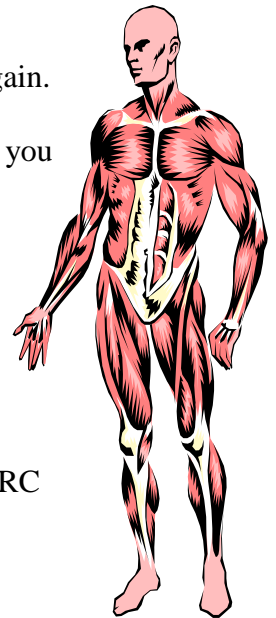


Survive Human Physiology(PCB 3703)...By following these 10 easy steps

1. **Have confidence and think positive.** Have a positive attitude and it will help you become motivated and excited to study human physiology.
2. **Go to class.** All of the material covered in class WILL BE on the exam.
3. **Study at least one hour a day.** Review the day’s lecture notes to make sure you understand everything! Make flashcards for the hormones, their specific organs and their functions.
4. **Review previous day’s notes and MAKE UP YOUR OWN STORIES!!!** The more you see something the more comfortable you will be with material.
5. **Ask questions.** If you do not understand something in class – ASK! Do not be afraid to ask away because there could be five other students who have the same question or doubt.
6. **Form study groups.** Study groups allow you to hear the material over, over, and over again.
7. **Go to Professors office hours.** Great opportunity to ask questions about course material you might still not understand or to go over exam.
8. **ALWAYS be prepared.** Print notes from WebCT ahead of time and read them before going to class.
9. **Print practice exams.** Even though exams are not copied word by word from the practice exams they are a great way to practice for the exam to see what you need to study.
10. **Make reading, homework time and SARC tutoring part of your daily schedule.** SARC Peer Tutoring is here to help you succeed.



Office Location 113, 114, 115 Howard Phillips Hall
Office Phone 407-823-5130
Office Fax 407-823-2051
Office Email sarc@mail.ucf.edu
Office Web-Site <http://www.sarc.sdes.ucf.edu>
Office Hours:

- Monday-Friday 8:00 am – 5:00 pm
- Open extended hours during the fall and spring semesters in accordance with the SARC peer tutoring schedule