



Student Academic Resource Center
Fall 2009 Academic Success Workshop Series

For more information please call SARC at 407-823-5130 or visit our website at www.sarc.sdes.ucf.edu

We Can Help Make Your Academic Goals a Reality!

Academic Success Workshop Topic	Date / Time / Place
<p align="center">How to Handle Mixed Mode Courses</p> <p>Just because you are not in the classroom does not mean you don't have homework. Learn important strategies for success in mixed mode courses.</p>	<p>Wednesday, October 28th 3:00 – 4:00 pm Student Union 218AB</p>
<p align="center">Emotion Regulation</p> <p>Understand how your emotions work and the skills needed to manage one's emotions instead of being managed by them.</p>	<p>Monday, November 2nd 10:00 – 11:00 am Student Union 220</p>
<p align="center">Classroom Communication Skills for Success</p> <p>This workshop will focus on some of the typical mistakes students make when communicating with professors. Students will examine practical and effective strategies for improving their success in the academic environment by improving their oral and written communication.</p>	<p>Monday, November 2nd 12:00 – 1:00 pm Student Union 220</p>
<p align="center">Classroom Etiquette</p> <p>Learn what specific traits and behaviors UCF professors are looking for students to possess. Knowing these characteristics can be the difference between a final letter grade of a "B" as opposed to a "C+".</p>	<p>Monday, November 2nd 1:00 – 2:00 pm Student Union 220</p>
<p align="center">Professor's Office Hours - The Most Important Hour You Will Ever Spend</p> <p>Don't be intimidated to meet with your professors; be empowered to meet with your professors. Learn conversation starters which will assist you in developing a working relationship with your professor. Discover the many reasons why you should visit your professors and the positive results you will gain from just one visit.</p>	<p>Monday, November 2nd 2:00 – 3:00 pm Student Union 218A</p>
<p align="center">How to Get a Great Letter of Recommendation</p> <p>Presentation is everything! Learn how to ask for a recommendation and what information you should provide a professor to receive a letter indicating your strengths, talents, and abilities.</p>	<p>Monday, November 2nd 5:00 – 6:00 pm Nike Programming Center</p>
<p align="center">Establishing Your Reputation on Campus</p> <p>How does a UCF Knight leave their legacy on campus? Learn some of the greatest opportunities UCF has to offer and what skills are necessary to become a leader on campus. Want to leave your mark as an Ultimate Knight? Come to this workshop and you will learn how to present your best!</p>	<p>Monday, November 2nd 5:00 – 6:00 pm Hercules Programming Center</p>
<p align="center">POWer Studying</p> <p>Preparation, Organization, and a Willingness to Succeed = POWer Studying. Learn how to get ready to study so you are not cramming the night before.</p>	<p>Wednesday, November 4th 3:00 – 4:00 pm Student Union 218AB</p>
<p align="center">Time Management – How Not to Procrastinate</p> <p>Want to turn in an assignment early or better yet, on time! Learn how to force yourself to get things done.</p>	<p>Wednesday, November 18th 3:00 – 4:00 pm Student Union 218AB</p>
<p align="center">Final Exam Preparation – 12 Days and Counting</p> <p>Finals are right around the corner! Learn how to determine what to study for a comprehensive final and how you can motivate yourself to reach your goals.</p>	<p>Wednesday, November 25th 3:00 – 4:00 pm Student Union 218AB</p>
<p align="center">Final Exam Preparation – Stress Management</p> <p>Are you starting to feel overwhelmed by preparing for finals? Learn how to regain control and make finals week a Success.</p>	<p>Wednesday, December 2nd 3:00 – 4:00 pm Student Union 218AB</p>



Freshmen Students - Receive **500 LINK Points** for Attending! Learn the necessary techniques for Success at the college level. These are not your High School Study Skills!

Transfer Students

Enhance the study and learning skills you have already developed.
 Take them to the next level here at UCF.

For more information, visit our website at www.sarc.sdes.ucf.edu to **review over 80 handouts & inventories** to enhance your study and learning skills for college Success.



Also available at SARC, one-on-one learning consultations with a Learning Specialist
Call 407-823-5130 to schedule an appointment

Division of Student Development and Enrollment Services

The Princeton Review and SARC Grad Admissions Series

Workshop Topic	Date / Time / Place
<p>Anatomy of the MCAT Part 1 In this session one of our expert instructors will dissect the Biology section of the MCAT. Collect a \$50 coupon good toward any of our Hyperlearning MCAT courses at each session.</p>	<p>Tuesday, September 29th 3:00 – 4:30 pm Princeton Review Office (By the Arena)</p>
<p>Anatomy of the MCAT Part 2 In this session one of our expert instructors will dissect the General Chemistry section of the MCAT. Collect a \$50 coupon good toward any of our Hyperlearning MCAT courses at each session.</p>	<p>Tuesday, October 6th 3:00 – 4:30 pm Student Union 218CD</p>
<p>Anatomy of the MCAT Part 3 In this session one of our expert instructors will dissect the Organic Chemistry section of the MCAT. Collect a \$50 coupon good toward any of our Hyperlearning MCAT courses at each session.</p>	<p>Tuesday, October 13th 3:00 – 4:30 pm Student Union 218CD</p>
<p>Anatomy of the MCAT Part 4 In this session one of our expert instructors will dissect the Physics section of the MCAT. Collect a \$50 coupon good toward any of our Hyperlearning MCAT courses at each session.</p>	<p>Thursday, October 20th 3:00 – 4:30 pm Princeton Review Office (By the Arena)</p>
<p>Anatomy of the MCAT Part 5 In this session one of our expert instructors will dissect the Verbal/ Writing Sample section of the MCAT. Collect a \$50 coupon good toward any of our Hyperlearning MCAT courses at each session.</p>	<p>Tuesday, October 27th 3:00 – 4:30 pm Student Union 218CD</p>
<p>Graduate School Workshop This session will show you exactly what it takes to get into graduate school. Receive insight into Medical, Business, Law, and Grad School Admissions.</p>	<p>Tuesday, November 17th 3:00 – 4:30 pm Student Union 218CD</p>



For more information, additional free workshops, and to sign-up call The Princeton Review at (407) 882-0606 or visit the Princeton Review website at Princetonreview.com/events